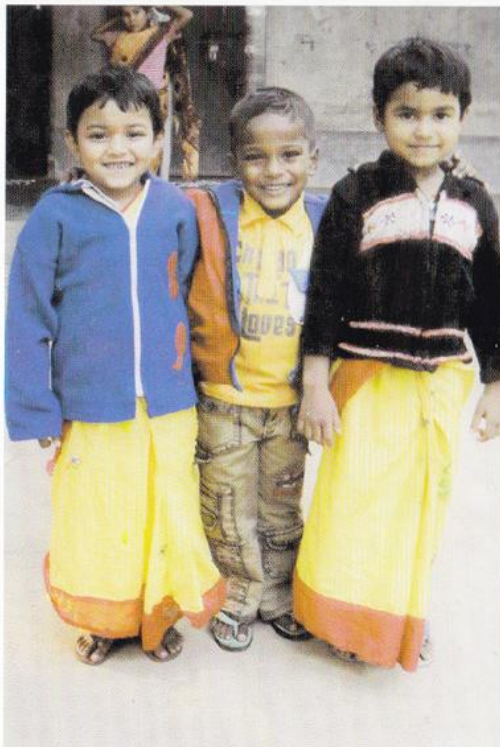


**PLEASE HELP US  
WE WANT TO MOVE AHEAD**



**PLEASE CONTACT :**

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**Please draw your cheque in favour of  
CHILD-IN-DISTRESS & WE CHARITABLE TRUST**



**A JOURNEY  
WITH A MISSION**



**NIHARIKA**

**A HOME  
FOR  
UNDERPRIVILEGED CHILDREN**

**RANAGHAT  
ESTD. 2001**



## THE BEGINNING

Dear Friends,

JUST LIKE THE DARKNESS UNDER A BURNING LAMP there are areas of darkness in our society too right under its civilized facade. In this section live innumerable helpless and vulnerable members of our society who are as human as any human can be, yet they have to live their life as an outcast unloved, uncared and exploited. Worse is the plight of their innocent children who are as lively as any normal child can be. They are even more vulnerable mostly destined to be victims of social injustice and inequality.

Driven by these social realities some socially sensitive minds joined together to take up the social challenge and address the issues, particularly, concerning the unfortunate children of these areas of darkness. And thus, NIHARIKA, was born in a serene rural surrounding on 24 June, 2001.



## OBJECTIVES

1. Provide a caring and loving "home" to the children for their normal and natural growth in a loving atmosphere.
2. Formal education and development of the children.

## AGENDA

1. Admission of the children into Niharika at an early age of 3 to 5.
2. Schooling of the children for formal education, and compulsory training in extra-curricular activities.
3. After schooling upto Class-VIII / Secondary / Higher Secondary Level.
  - (a) Above average students to continue higher studies;
  - (b) Average and below average students to join vocational training of their choice and capacity.



## VISION

1. Creation of a model institution for education and development of the destitute and underprivileged children.
2. A charitable institution entirely supported by individual members of our society.
3. Children of Niharika leading a happy and respectable life as responsible citizens.
4. Children of Niharika working for education and development of their own lots in future.

## MISSION

1. All round development of the children through academic education, training in extra-curricular activities, involvement in charitable and cultural activities and vocational training.
2. Instill spirit of Niharika's motto-SIMPLE LIVING HIGH THINKING-among the children and their parents and relatives.
3. Instill aspirations and importance of self-respect and self-reliance among the children and their parents and relatives.
4. Prevention of alienation of the children from their parents and relatives.
5. Preparation of the children's parents and relatives for a "tryst" with their children after they leave Niharika having finished their education and training.
6. Total involvement of children of Niharika in running/managing Niharika.
7. Enlistment of 500 individual monthly donor members by the year 2015 to support Niharika.





### PRESENT ACTIVITIES

1. 30 boys and girls are under loving care in a homely atmosphere at Niharika.
2. Free accomodation; free nutritious and homely food are provided.
3. Tiny ones are reading in our own primary school, others are sent to local schools, colleges and university in and around Ranaghat and Kolkata.
4. Free training in extra-curricular activities such as sports; music and dance; drawing and painting; glass & fabric painting etc are provided.
5. Free coaching classes including computer classes are provided.
6. Foundation Day of Niharika is celebrated annually in the month of June with sapling planting festival and a cultural programme.
7. Independence Day, Saraswati Puja, Rakhi Purnima and Bhai Phonta are celebrated with great enthu and zeal.
8. Annually, an art & craft exhibition-cum-sale named SPANDAN is organised, at Niharika.
9. Annually, Cultural Competitions such as Sit & Draw; Songs; Dance; Recitation and Quiz Competitions are organised during SPANDAN, the art & craft exhibition,
10. Annually, Concert on Indian classical music is organised during the SPANDAN.

### OTHER ACTIVITIES

1. All the children are involved in maintaining and taking care of Niharika and its surrounding.
2. All the children are involved in kitchen gardening, to grow flowers, vegetables and nutritious mushrooms.
3. Senior students are involved in daily chores including cooking whenever necessary.
4. Seniors are involved in taking care of Juniors in all respect.
5. Biftday of all the children are celebrated.
6. Children are sent outside Niharika to attend/ participate in sports and cultural programmes organised by others.
7. Bi-monthly meetings with parents and relatives of the children are organised at Niharika.
8. Counselling of parents and relatives of the children during their monthly visits and bimonthly meetings.



### FUTURE PLANS

1. Water Purification Plant for arsenic-free drinking and cooking water at Niharika. Waters from all the hand-pump sets are highly contaminated with arsenic.
2. Construction of two more class rooms for our primary school.
3. Construction of a library- cum- computer room.
4. Construction of a common room for teachers.
5. Construction of a house for grand-parents for children. Senior citizens will stay and function as surrogate grandparents to make Niharika a compact family setup.
6. Construction of a guest house.
7. Construction of a water distribution overhead tank.
8. Purchase of land for income generating programme at Niharika.
9. Construction of a room for vocational training/ workshop.



## RESOURCES FOR UPKEEP OF NIHARIKA

1. Most of our supporters/donors are individuals.
2. Besides making our endeavour more meaningful, successful and sustainable, people's involvement coupled with their love affection and cordiality has helped our children move ahead.
3. The children's progress is quite apparent..



## WELL WISHERS AND OUR ACHIEVEMENT

Here is a small list of differences our joint efforts brought about in the life of the children of Niharika in 10 years-

- 1) 7 girls settled down as house-wives;
- 2) 3 girls and 4 boys working in Government/Private Institutions;
- 3) 2 boys doing Post-graduation (M.A./B.Sc.) Courses;
- 4) 1 girl taking vocational training after Graduation;
- 5) 2 girls in final year of Graduation.



## YOU TOO CAN HELP

1. Visit Niharika with your family and friends and colleagues, and spend some of your valuable time with our children. They love company.
2. Join our efforts. Take up our MONTHLY DONATION SCHEME and help the children with even with a small amount of Rs. 100 per month. (Refer to the List of our Schemes to help the Children)
3. Take up any other scheme from the List and help.
4. Give joy and happiness to the children by opting our SPECIAL FEEDING Programme on any day of your choice.
5. You can donate in kind too. Give writing papers, exercise books, pens, pencils, sharpeners, erasers, pastel colours, painting brushes, tube colours, artificial clay for clay modeling, plastic chairs, iron buckets, trunks, ceiling fans; CF Lights, electrical tubes, clothes, school uniforms, Puja dresses. Toys, musical instruments, or anything you wish to donate. We even accept old dresses, saris, bed-sheets etc. which, needless to say, should be washed neat and clean, and should be undamaged.
6. Join our endeavour by becoming a self-appointed spokesperson/brand ambassador for Niharika's cause and spread Niharika among your relatives, friends and colleagues, and help us realise our goal of enlisting 500 kind people as voluntary supporters by the year 2015.



## OUR SPECIAL APPEAL

More than sympathy, and even more than pity, poor children need love, affection and cordiality. This alone has helped the children of Niharika. Kind people standing voluntarily for them even with smallest of support will be enough to guide them through life. You too can do so voluntarily of course.

**Workers of Niharika.**